



## Celebrations at Glo Family

Glo Family offers a full evening party service at our beautiful newly renovated church in Cheadle.

Situated not far from the city centre and the motorway network, we are easy to find and have parking available. Inside the church you will find a fantastic space for any event, including a garden, a separate studio and treatment rooms as well as a huge main hall.

We offer a wide range of entertainment for any type of party ranging from pole dancing and burlesque to pamper evenings and gourmet evenings. We also have a varied menu of carefully selected dishes to complement each activity.

The team at Glo specialise in taking the stress out of parties so that you can enjoy every moment of your celebration. With superb facilities, beautifully prepared homemade food and a range of imaginative entertainment options, your party can be a great success.

We use a party planning service from Pink Spaghetti PA Services and they are there to take you through every step of the process to ensure your celebration goes smoothly.

Let Glo Family make your occasion one to remember.



## Private Hire

### Evening Private Hire £100 for 3 hours

Suitable for up to 50 guests. Private hire gives you access to our beautiful main hall as well as the Studio and the garden. This is ideal for birthday parties as well as hen parties or girlie get tog ether's. Private hire is available on Friday and Saturdays from 7.30pm. Entertainment and food are charged on top of this fee.

## Entertainment Options

Glo has partnered up with a number of excellent party providers to offer you a choice of parties suitable for every taste and budget.

### Blush Parties

Blush offer a fabulously wide range of themed parties and workshops perfect for hen nights, birthdays and girlie get togethers. With over 5 years of delivering glamorous parties and workshops for females through out the North West we are confident we are perfectly equipped and expertly experienced to deliver the most special party for your group. The prices listed below are on top of the price for hire of private hire.

For parties of 6-10 people - £30pp

For parties of 11-20 people - £25pp

For parties of 21-30 people - £20pp

For parties of 31+ people - £15pp

### BELLY DANCING

A shimmytastic hip wigglingly sexy soiree. A decadent party designed to give you an amazing insight into the magical world of the belly dancer. Experience a tantalising session guaranteed to get the whole party's hips shaking. Learn authentic techniques, stunning routines and powerful moves from your sensuous belly dancing host. We guarantee to boost your body and celebrate your curves! The session is a fun and relaxed insight into belly dancing, suitable for all levels and age groups. A great choice for a large group of ladies of various ages and levels.

Bring comfortable loose clothing, ease of movement is most important. Flowing skirts are great fun to bring and flat shoes are recommended.



### BURLESQUE STARLETS

A delightful Burlesque party is the true indulgence into the art of being feminine. We all have the ability to be sexy and this party will fill you full of all the tips and treats you need to let your inner girl glow. Be prepared to laugh, flirt, dance and dress up as your inner burlesque starlet blossoms. The session includes an insight into working with props including hats, gloves, feathers, fans, chairs and tassels. Learn how to peel the glove, unroll the stocking and tease your audience as your group transforms into a burlesque diva troupe and we celebrate our fabulous female curves. This party package is a truly indulgent girlie experience that will leave you laughing endlessly and strutting all weekend. Perfect for all levels, shapes, sizes and abilities.

Email: [parties@glofamily.com](mailto:parties@glofamily.com)

Phone our party booking service, Pink Spaghetti

0844 504 7465



Bring comfortable, loose clothing that is easy to move in, shoes are essential, but what type is up to you, whatever give you that extra strut! Fancy dress is encouraged but not essential.

### CAN CAN CRAZY



Hold tight girls! Grab your can-can skirt and showgirl feathers and kick-start an exhilarating party. Explore the dazzling world of the Showgirl Can Can with simple kicks, steps and twirls fit for the stage. We incorporate glamorous showgirl moves and burlesque poses to transform your party into a sparkling can can troupe with a showcase of feathers, frills and shimmies. An energetic, fun and empowering party for all levels and experiences filled with enough glitz and glam to light up your whole weekend!

Bring comfortable, loose clothing that is easy to move in, shoes are essential. Fancy dress is encouraged but not essential. Leggings are ideal as we will be providing can can skirts. Please bring heeled and flat shoes suitable for dancing in.

### MOULIN ROUGE SHOWGIRLS

Kick-start this glamorous party with our fabulous Showgirl Rouge moves your gorgeous host will get you dancing off on and around the chair showgirl style. Explore the dazzling world of the Showgirl Moulin Rouge Style with moves and steps fit for a lady marmalade boudoir. Discover your showbiz starlet side as we shimmy and shake like a glamorous showgirl to release your inhibitions and transform your party into dazzling diamonds of the Moulin Rouge. Work with exciting props and learn feather fan and boa routines to create a sensational showcase of feathers, frills and shimmies. An energetic, fun and empowering party for all levels and experiences filled with enough glitz and glam to light up your whole weekend!

Bring comfortable, loose clothing that is easy to move in, shoes are essential. Fancy dress is encouraged but not essential. Please bring heeled and flat shoes suitable for dancing and strutting in.

### POLE DANCING DIVAS

A spectacular insight into the fascinating world of pole dancing, where the focus is on fun rather than fitness. Spin, strut, shimmy and whirl around the pole as you learn show stopping dance links as well as fun tricks, and spins. A truly dazzling party that is suitable for all ages and abilities. Let your party host motivate and inspire you through the best kept secrets of pole dancing as you build your knowledge into a fun dazzling finale for the whole group to enjoy.

Please wear comfortable loose clothing. Bare arms and legs are best for pole dancing but feeling comfortable is more important. Shoes are essential, flats are fine but heels will give you that extra super lady strut! Fancy dress is encouraged but not essential.

### CHEERLEADING

An energetic and lively session packed with tailor made cheers and sparkling pom poms. Jump, shout, whoop and cheer as you learn authentic cheer moves and funky dance steps. Learn cheerleader shouts and chants, pom pom crazy poses and watch your party transform into a fun and dazzling cheeky cheerleaders squad. Practice your spins and perfect your jumps as you prepare to make the cheeky cheerleaders squad. An invigorating experience perfect for fun-loving and energetic party girls.

Wear loose comfortable clothes suitable for an energetic session. Don't forget your trainers!





### BOUDOIR BELLES

An indulgent party starting with an exploration into simple showgirl burlesque moves, poses and basic tease, incorporating props such as feathers, fans, chairs and gloves. Teaching poise, confidence grace and tease. We follow with a taste of a fantastically glam striptease routine suitable for any boudoir! After a session jam packed with tantalising burlesque and showgirl tease, we are ready for the poles! We guide you through a simple yet stunning variety of pole dancing tricks, spins twirls and whirls fit for complete beginners. All your new skills are carefully combined to end the session with a fantastic finale and leave you strutting all the way home with a new femininity, confidence and fabulousness! Perfect for a mixed group.

Please wear comfortable loose clothing. Bare arms and legs are best for pole dancing but feeling comfortable is more important. Shoes are essential, flats are fine but heels will give you that extra super lady strut! Fancy dress is encouraged but not essential.

### FLAPPERS

A sexy, sassy and stylish Chicago-themed party suitable for all wannabe Roxie Harts and Velma Kellys. Learn flirty flapper moves of the 1920's as you razzle-dazzle showgirl style, jazz hands at the ready!. We take you through the energetic 'hot honey rag' and fabulously famous 'All that Jazz' routine with simple steps and glamorous fosse styled moves. A brand new fun party package set to a glamorous and saucy soundtrack.

Wear loose comfortable clothes suitable for an energetic session. Dont forget your dance shoes!

### DIRTY DANCING

Learn the moves straight from the film with a Dirty Dancing Party. This is the ultimate girls' party and a chance for you to learn the fabulous dance routines to all the songs you know so well. Incorporating Salsa, Cha Cha Cha, and the lift! This fun party will have you dancing all the moves from your favourite classic film. Your group can even be provided with your very own Johny Castle, so you can really be Baby! Get ready to have the time of your life!

Wear loose comfortable clothes suitable for an energetic session. Dont forget your dance shoes!



### GREASE

Get together with the Pink ladies and get set to ramma lamma like a real Rydell High School student. We take you straight back to High School in this sparkly new and exciting hen party. Get Handjiving, rock and rolling and greased lightning as you get set for a fun party. Learn all the dance moves from the film set to a soundtrack you know all the words to!

Wear loose comfortable clothes suitable for an energetic session. Dont forget your plimsolls and pink lady jacket!

### FAME/FLASHDANCE

Grab your leg warmers and sweat bands girls it's time to get back to the 80's with an energetic soundtrack and moves perfect for a budding fame or Flashdance wannabe dancer. Experience one of our most fun party packages jam packed with all the classic songs from 'what a feeling' to 'Fame' and plenty more sing a-long songs in-between. A great film with a great soundtrack, makes a great dance party. Wear loose comfortable clothes suitable for an energetic dance session. Dont forget your trainers!

Email: [parties@glofamily.com](mailto:parties@glofamily.com)

Phone our party booking service, Pink Spaghetti

0844 504 7465



## Pamper Evenings

A Pamper Evening at Glo is for those who want the truly indulgent experience for their hen party, birthday, or celebration with the girls from our team of therapists.

We have two packages available for you to choose from:

Standard Package – £35 per person which includes 2 x 20 minute therapy treatments

Deluxe Package – £55 per person which includes 3 x 20 minute therapy treatments

Simply select the number of individual treatments you would like or you can package them up into one longer treatment.

### Treatments include:

Manicure or Pedicure (20 mins)

Back, Neck and Shoulders massage (20 mins)

Indian Head Massage (20 mins)

Express Manicure or Pedicure (20 mins)

Luxury Manicure or Pedicure (40 mins)

Reiki (40 mins)

Hopi Ear Candles (40 mins)

Full Body Massage (40 mins)

Aromatherapy Massage (40 mins)

## Gourmet Evenings

Enjoy some of the finest food in Manchester with food prepared by our chef. All of our food uses the highest quality and locally sourced ingredients.

### Sample Menu

Corn beef hash cake topped with poached egg and crispy bacon

Or

Beetroot, coconut & lime soup

Or

Seafood cocktail served with chef's homemade Marie Rose sauce

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Chicken with roasted Mediterranean vegetables, served with a gazpacho dressing

Or

Fresh Gurnard served with chorizo & butterbean puree finished with coriander oil

Or

Butternut & parmesan risotto topped with wild rocket (v)

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Assiette of chocolate featuring a mini chocolate tart, a mini chocolate truffle and a mini chocolate mousse.

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Or  
Cheese and biscuits

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Coffee with homemade biscotti

Price per person is £25 per person including a glass of Kir Royale on arrival.

### Wine Tasting Evenings

Rodney Densem Wines are a family run wine merchants. Established 35 years ago they distribute wine to hotels, restaurants and gastro pubs across the north west of England.

Join Nick Gent, director at Rodney Densem Wines for an evening of wine tasting. Our evenings are all about flexibility and we will tailor make tastings for individual groups. We can theme tastings by country, grape variety or style.

Price per person is £13 per person will generally include 6-8 samples of different wines.



### Food Options

Add to your special party at Glo with our special food selection. Home made from the best ingredients, we offer something a little different to other party locations.

### Adult Menu Choices

Canapés - 6 canapés per person from £5 per head, depending on requirements

Examples:

Smoked salmon and cream cheese blini

Mini brushetta

Cherry tomatoes stuffed with goat's cheese

Homemade chocolate truffles

Asparagus wrapped in Parma ham

Mini pecan tatties

### Light buffet -£6.50 per head

Homemade coleslaw with potato wedges

Homemade individual quiches

Spanish tortilla with rustic salsa

Houmous, warm pitta bread and olives

Falafel and Tzatziki

Bite sized chocolate brownies

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### Sit down meal options - available from £15 per head

Please ask for details

## Extras

Beautiful informal candid photography to capture all of the fun and excitement of your party plus group shots upon request. Coverage of the party costs £40 for 1 hour and includes a set of ten 6x45" prints plus a password-protected online gallery of all of the images for you to share with your friends and family afterwards. Other products available include coffee table photo books, CD of high resolution images, thank you/ greetings cards, canvases, frames and reprints, all of which can be ordered once you've viewed the photographs after the day. To find out more about our photographer visit [www.camillewesser.co.uk](http://www.camillewesser.co.uk)

### Bespoke Entertainment

If you would like our Party Planning team to research and book some alternative entertainment, please ask for further details and prices.

### Booking

To book any of these parties, or enquire about date availability, please speak to the Party Planning team at [parties@glofamily.com](mailto:parties@glofamily.com) or telephone Pink Spaghetti Home PA Services on 0844 504 7465 who we have partnered with to arrange our parties and events. The Pink Spaghetti team are there to help you through every stage of the party and answer any questions you may have. To secure a booking a £50 deposit is required. This can be paid by going to our website [www.glofamily.com/parties](http://www.glofamily.com/parties) and clicking on the Google Checkout button.

*"I'll be booking again next year for sure!"*